

ERIKA KALMAR FROM HAPPINESSIFY PRESENTS:

PLAY TO YOUR STRENGTHS

SIGNATURE STRENGTHS WORKSHOP

Discover your real strengths and learn how to
develop your potential by using them... at work...
and in your private life.

WWW.HAPPINESSIFY.COM/STRENGTHS



IN THIS 4-HOUR **fun** WORKSHOP YOU'LL:

- **Identify** your own strengths
- Find out how your strengths **contribute** to your success already
- Discover how you can **develop** your strengths further

Together we will be exploring ways in which you can enjoy your work more, improve your work performance, find a better job, enhance your relationships with your friends, family and significant other and improve your mental health at the same time.

At the end of the workshop **you will leave energised**, knowing exactly how to tap into your strengths and build a happier life.



PRACTICALITIES:

Date: 30th November 2019

Time: 2-6pm

Place: Brussels, near Schuman and Ambiorix

Price: 45 EUR

Min. number of participants: 6

SIGN UP

YOUR COACH:

Erika Kalmar

- Certified Professional Coach
- Previously Recruitment consultant and Performance Coach
- Studied Positive Psychology from founding father Martin Seligman, University of Pennsylvania
- Founder of Happinessify.com
- Owner of Terpsichori Greek Dance Circle
- Language freak and history fan
- Strengths: Love of learning, Humour, Curiosity

